



School Nursing

Coventry Family Health and Lifestyle Services

South Warwickshire
NHS Foundation Trust



Trusted to provide
inclusive safe effective
compassionate care





WHO WE ARE AND WHAT WE DO

- We take over from the Health Visiting Service
- We offer routine health screens such as:
 - National Childhood Measurement Programme (Height and Weight)
 - Audiology Clinics (Hearing Screens)
 - Reception Health Questionnaires
 - Year 6 Health Questionnaires
 - Year 9 Health Questionnaires
- **Parent line - Text: 07507329114**

NHS



WHAT WE DO CONTINUED...

- We accept referrals from School, GP's, other professionals and from Parents
- We can refer to other services such as CAMHS, Paediatricians, Family Hubs
- We offer online sessions on YouTube to help with Fussy eating, Sleep, Managing Anxiety, Behaviour and Toileting.
- We also deliver sessions in school for the children such as: Handwashing, Puberty, and Relaxation.
- We are a School Nursing Service which supports Local and National Health Campaigns such as Healthy Eating and Immunisations



WHAT WE DO CONTINUED...

- ▶ We can support with health issues such as:
- ▶ Bedwetting
- ▶ Behaviour
- ▶ Sleep
- ▶ Emotional Health
- ▶ Healthy Eating and Lifestyle
- ▶ We provide training sessions for school staff so they have an awareness of how to respond to health situations such as Asthma and Anaphylaxis.
- ▶ Epilepsy and Diabetes may require further bespoke training.



IMMUNISATIONS



- ▶ We are currently promoting the National Public Health Campaign encouraging parents to get their child vaccinated. Currently Coventry's vaccination rates are below the national average.
- ▶ The MMR vaccine is a safe and effective combined vaccine
- ▶ It protects against 3 serious illnesses:
- ▶ Measles
- ▶ Mumps
- ▶ Rubella (German measles)
- ▶ **Whooping Cough** - given at 8,12,16 weeks 6 in 1 vaccine, and again as part of the pre-school booster
- ▶ These highly infectious conditions can easily spread between unvaccinated people.
- ▶ **Measles and Whooping Cough are currently on the rise Nationally**



Dental Health



- ▶ Tooth Decay is currently the number one reason for hospital admissions for children aged 6-10 years in the UK
- ▶ Tooth Decay may not cause any symptoms at first but can lead to:-
 - ▶ Dental Cavities (a hole in the tooth)
 - ▶ Tooth Ache
 - ▶ Pain when eating and drinking
 - ▶ Brown or black spots on the teeth
 - ▶ The tooth and gum becoming infected (dental abscess)
 - ▶ This may lead to fillings and hospital admission for extraction (tooth being removed)



Dental Health



To prevent Tooth Decay

- ✓ Brush your teeth for 2 minutes, twice a day, once before bed and one other time
 - ✓ Use a fluoride toothpaste
 - ✓ Remember to brush the whole of every tooth including the gums and tongue
 - ✓ Visit the dentist regularly - around every 6 months
- X Do not have too many sugary foods or drinks
- X Do not rinse following as the fluoride won't work as well

<https://www.nhs.uk/service-search/find-a-Dentist>



School Readiness



Can your child...



Use a full sized knife and fork at meal times?



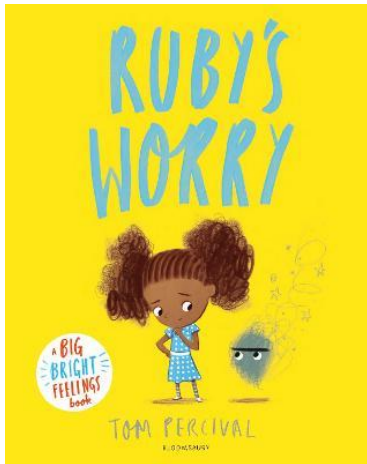
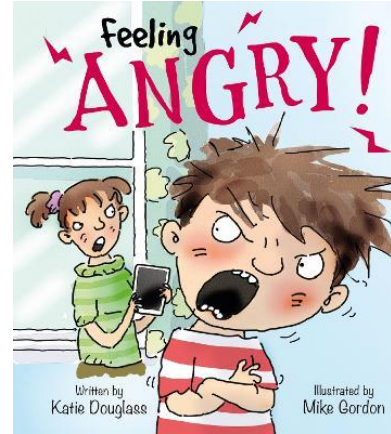
Use the toilet independently and clean themselves afterwards?

Wash their hands effectively afterwards?

Get dressed by themselves, including buttons, zips and shoe fastenings?

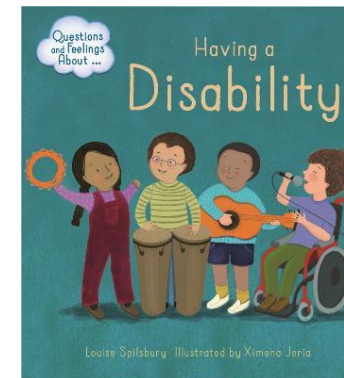


READING WELL



Reading Well for children provides quality-assured information, stories and advice to support children's mental health and wellbeing.

The books are available to borrow from your local library. Selected titles are also available to borrow as e-books and audiobooks. Visit your local library website to find out how to join the library and access books electronically.





How to contact us

- Text parent line on: 07507329114
- Telephone 01926 495321 ext. 7494
- Ask class teacher to fill out a School Nurse referral form

Thank you for listening



@coventryfamilyhealthandlifestyleservice



@CoventryFHLS