SITE NAME......WALSGRAVE

OCS	Gluten/Wheat	Eggs	Milk	Fish	Crustacean/mollusc:	Celery	Lupin	Cereals	Mustard	Nuts	Peanuts	Sesame seeds	Soya
Menu - WEEK 3		Ш		Щ	ΰ	O		0	2	Z	4	S	S
Chicken fajita wrap	X		Х					.,					
BBQ Quorn wrap	Х	Х						Х					
wedges													
Apple crumble	Х		Х										
Ham & tomato pizza	Χ		Χ					Χ					
Cheese & tom pizza	Χ		Χ					Х					
saute potatoes													
Banana & choc cake	Х	Χ	Χ					Χ					
Roast chicken & gravy													
Yorkshire pudding	Χ	Χ	Χ										
Quorn dippers	Χ	Х						Χ					
Roast potatoes													
Crackers & cheese	Χ	Χ	Χ					Χ					
Spaghetti bolognaise	Χ												
Quorn bolognaise	Χ	Х						Х					
Garlic bread	Χ		Х										
Iced cake	Х	Х	Х										
Fish cake	Χ			Х									
Quorn sausage	Χ	Х						Х					
Ice cream			Х										
Jacket with tuna mayo		Х		Х									
Jacket with cheese			Х										
Yoghurt													